

VACANCY | FAMILY SUPPORT WORKER

June 2022



Supporting armed forces children & young people

JOB DESCRIPTION

- Responsible to: Children and Family Service manager
- Salary: £28,000.00
- Hours of work: 35
- Location: home-based/community based with travel for team meetings
- Length of contract: 1 year (with a view to securing further funding)

Job Purpose	<p>The Mindful Connections pilot project is an excellent opportunity for the right candidate to be at the forefront of veteran family mental health support.</p> <p>Aided by the Children and Family Service Manager, who has contributed to the current evidence base of Veteran Family Mental Health need, the Family Support Worker will directly deliver family interventions and support for Veteran families.</p> <p>Mindful Connections aims to support veteran family units as a whole by offering a bespoke mental health and wellbeing service delivered within their own homes. The Family Support Worker will work alongside the Children and Family Service Manager to develop a community integration programme through creative and sporting activities, as well as manage a programme of podcasts.</p> <p>As this is community based, the Family Support Worker will need access to their own car and a full driving licence. This role is offered on a 1 year fixed-term contract, with a view to gain continuation funding once the service is mobilised.</p>
Responsibilities and duties	<ul style="list-style-type: none">• Develop and deliver a community mental health and wellbeing family support programme for Veteran families.• Develop and deliver a suicide awareness and risk reduction support programme for Veteran families.• Develop and deliver a community inclusion programme for Veteran families using creative and sporting opportunities.• Create and monitor a series of podcasts with Veteran families.• Co-produce a project specific landing page on the Forces Children Scotland website.• Play an essential role in the Mindful Connections project team by supporting with accurate assessment, evaluation, recording and reporting to the funder.

Forces Children Scotland (formerly known as Royal Caledonian Education Trust)
Scottish Charity Number: SCO38722
Patron: Her Majesty The Queen

Registered Address: 15 Hill Street | Edinburgh | EH23JP

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	<ul style="list-style-type: none">• Support the Communications and Fundraising Development Manager to develop promotional opportunities for the mindful connections project to enhance the reputation of the charity.• Attend networking meetings where appropriate and build appropriate partnerships within the community.• Manage a caseload of Veteran Families with support from the Children and Family Service Manager.• Build therapeutic alliances and relationships with each member of the Veteran Family Unit.• Recording as per our policies.• Maintain monthly reports.
Essential Skills:	<p>Hold or in progress of the following qualifications:</p> <ul style="list-style-type: none">• An undergraduate degree in psychology, mental health, social work, youth work.• Any other relevant qualification related to psychology, mental health etc.• Suicide prevention training. <p>Experience:</p> <ul style="list-style-type: none">• At least 3 years' experience of working in mental health service delivery.• Experience of working with whole family units to support mental health and wellbeing.• Experience of developing and delivering mental health and wellbeing support for families, with an emphasis on children and young people.• Experience of working with people experiencing suicidal ideation and putting safety plans in place.• Experience of working within a child protection framework• A strong understanding of the difficulties Veteran families can experience.• A strong understanding of using psychological interventions to support mental health and wellbeing.• A strong understanding of trauma and adversity in childhood and the impact this can have on mental health and wellbeing.• A commitment to following the current evidence base for mental health and wellbeing interventions.• Multidisciplinary team experience, working across partners and sectors to maintain a holistic support approach.

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	<ul style="list-style-type: none">• Evidence IT literacy and competency around case note recording, GDPR and using Microsoft Office Applications to aid in reporting and recording.• Manage own time effectively.
Desirable skills:	<ul style="list-style-type: none">• COSCA Certificate in Counselling skills.• Lived experience of Armed Forces families.• Past experience of content writing/podcast producing.• A strong understanding of the role that trauma and military service can have on a family unit.

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