

# VACANCY | WELLBEING WORKER

June 2022



Supporting armed forces children & young people

## JOB DESCRIPTION

- Responsible to: Children and Family Service Manager
- Salary: £26,000.00
- Hours of work: 35 (Term-time) (0.8 wte)
- Length of Contract: One year (with a view to securing further funding)
- Location: Service will be delivered in Queen Victoria School, Dunblane, combined with home-based working and travel to Edinburgh/Central Scotland for team meetings/training.

Job Purpose	<p>The Lighthouse Project is a pilot project based within Queen Victoria School (QVS).</p> <p>QVS has identified a space within the school for a wellbeing room, called 'The Lighthouse', where 1:1 support, peer support and other mental health and wellbeing sessions where appropriate will take place. This role will play a key part of The Lighthouse project, developing and delivering a bespoke mental health and wellbeing support programme for pupils aged 11-18 within the only 100% boarding school within Scotland. Additionally, the wellbeing worker will manage an outreach project developed by the pupils within the school.</p> <p>This role is offered on a full time, term-time basis. Funding is currently available for a year with hopes of securing ongoing funding.</p>
Responsibilities and duties	<ul style="list-style-type: none"><li>• Develop and deliver a 1:1 mental health and wellbeing support programme for pupils within Queen Victoria School.</li><li>• Develop and deliver a mental health and wellbeing peer support programme for pupils within Queen Victoria School.</li><li>• Co-produce mental health and wellbeing learning resources for pupils.</li><li>• Co-produce a mental health and wellbeing teacher and parent training programme.</li><li>• Play an essential role in the Lighthouse project team by supporting with accurate assessment, evaluation, recording and reporting to the funder.</li><li>• Support the Communications and Fundraising Development Manager to develop promotional opportunities for the Lighthouse project to enhance the reputation of the charity.</li><li>• Attend networking meetings where appropriate</li></ul>

Forces Children Scotland (formerly known as Royal Caledonian Education Trust)  
Scottish Charity Number: SCO38722  
Patron: Her Majesty The Queen

Registered Address: 15 Hill Street | Edinburgh | EH23JP

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	<ul style="list-style-type: none"> <li>• Manage a caseload of pupils within the school needing 1:1 support.</li> <li>• Build therapeutic alliances and relationships with pupils requiring 1:1 support.</li> <li>• Work alongside the Queen Victoria School pupil support staff to provide a holistic approach to mental health and wellbeing support for pupils.</li> <li>• Recording as per our policies.</li> <li>• Responsibility for reporting to the funder.</li> </ul>
<p>Essential Skills:</p>	<p>Hold or in progress of one of the following qualifications:</p> <ul style="list-style-type: none"> <li>• An undergraduate degree in psychology, mental health, social work, education, youth work or equivalent qualification/experience.</li> <li>• Any other relevant qualification related to psychology, mental health, etc.</li> </ul> <p>Experience:</p> <ul style="list-style-type: none"> <li>• At least 2 years' experience of working in mental health service delivery/support work.</li> <li>• Experience of working with vulnerable children and young people to support mental health and wellbeing.</li> <li>• Experience of coproducing projects with children and young people in a mental health and wellbeing context.</li> <li>• Experience of developing and delivering mental health and wellbeing support for children and young people.</li> <li>• Experience of evaluating impact of mental health and wellbeing support.</li> <li>• A strong understanding of trauma and adversity in childhood and the impact this can have on mental health and wellbeing.</li> <li>• A strong understanding of using psychological interventions to support mental health and wellbeing.</li> <li>• A commitment to following the current evidence base for mental health and wellbeing interventions.</li> <li>• Multidisciplinary team experience, working across partners and sectors to maintain a holistic support approach.</li> <li>• Evidence IT literacy and competency around case note recording, GDPR and using Microsoft Office Applications to aid in reporting and recording.</li> <li>• Manage own time effectively.</li> </ul>
<p>Desirable skills:</p>	<ul style="list-style-type: none"> <li>• COSCA Certificate in Counselling skills</li> </ul>

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	<ul style="list-style-type: none"><li>• A strong understanding of Armed Forces life, and the impact this can have on children and young people.</li></ul>
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