

ROLL THE
DICE GAME





Roll the dice



Play with two dices. Roll the dices and read the hint or tip before your serving parent or loved one deploys. In the blank boxes, fill in your own activities.

						
	Talk about the ways you can stay in touch	Give something special to your serving parent to take away	Draw a picture of a favorite thing you like to do together		Find out the ways you can stay in touch	Draw a picture of a favourite place you like to go together
	Listen to your favourite playlist	Draw a picture of a favorite thing you like to do together	Meet up with your friends	Watch a film together	Try a new hobby	
	Make a photobook of favourite pictures		Go for a walk together		Take time to read a book in your favourite place	
			Play a board game together	Make a plan of fun activities to do during deployment		
	Help your serving parent pack- ask what they are taking with them			Find out what foods your serving parent will be eating during deployment		
	Have a picnic together - indoor or outdoor!	Ask your serving parent to video a message for you to watch whilst they are deployed				



www.forceschildrenscotland.org.uk

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