

Lighthouse Project Wellbeing Worker

Job Description

- Responsible to: Participation Manager
- Salary: £26,000.00 pro rata
- Hours of work: 35 (Term-time) (0.8 wte), with regular weekend and evening work.
- Length of Contract: 2.5 years
- Location: Service will be delivered in Queen Victoria School, Dunblane, combined with home-based working and travel to Edinburgh/Central Scotland for team meetings/training.

Job Purpose	<p>The Lighthouse Project is a wellbeing service based within Queen Victoria School (QVS), a unique boarding school for children and young people from serving and veteran families situated in Dunblane.</p> <p>The project delivers a bespoke programme of wellbeing support which includes 1:1 and facilitated peer support sessions to pupils who range from the ages of 11-18 years.</p> <p>Staff member would be expected to be on site in school for the majority of working hours which will include some twilight and weekend work.</p> <p>This role is offered on a full time, term-time basis. Funding is currently available for 2.5 years with hopes of securing ongoing funding.</p>
Responsibilities and duties	<ul style="list-style-type: none"> • Work alongside the Queen Victoria School pupil support staff to provide a holistic approach to mental health and wellbeing support for pupils. • Build effective working relationships with pupils requiring 1:1 support and peer group support sessions. • Develop and deliver 1:1 and peer mental health and wellbeing support programmes for pupils attending Queen Victoria School. • Effectively manage caseload. • Co-produce mental health and wellbeing learning resources for children and young people. • Working with pupil wellbeing ambassadors, co-produce a mental health and wellbeing teacher and parent training programme. • Ensure that any concerns about safeguarding are

	<p>reported in accordance with school and organisational policies.</p> <ul style="list-style-type: none"> • Work in partnership with teaching staff to co-deliver PHSE wellbeing sessions, developing key relationships with pupils across the school. • Establish and maintain positive working relationships and referral routes with staff and pupils. • Play an essential role in the Lighthouse project team by providing accurate assessment, evaluation, recording and reporting to the funder. • Support the Communications and Fundraising Development Manager to develop promotional opportunities for the Lighthouse project to enhance the reputation of the charity. • Attend networking meetings where appropriate. • Maintain accurate case notes.
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Essential Skills:	<p>Hold one of the following qualifications:</p> <ul style="list-style-type: none"> • An undergraduate degree in psychology, mental health, social work, education, youth work or equivalent qualification/experience. • Any other relevant qualification related to psychology, mental health, etc. <p>Experience:</p> <ul style="list-style-type: none"> • At least 2 years' experience of working in mental health service delivery/support work. • Ability to successfully work as a team member across different organisations in order to maintain a holistic support approach. • Experience of working collaboratively and an ability to engage with children and young people and work effectively in distressing and challenging circumstances • Experience of coproducing projects with children and young people in a mental health and wellbeing context. • Experience of developing and delivering mental health and wellbeing support for children and young people. • Experience of evaluating impact of mental health and wellbeing support. • Detailed understanding of Safeguarding and its application in practice. • A strong understanding of trauma and adversity in childhood and the impact this can have on mental health and wellbeing. • A strong understanding of using psychological interventions to support mental health and wellbeing. • Knowledge of 11-18 educational and adolescent developmental issues. • A commitment to following the current evidence base for mental health and wellbeing interventions. • Evidence IT literacy and competency around case note recording, GDPR and using Microsoft Office Applications to aid in reporting and recording. • Excellent communication/time management skills/able to negotiate competing demands & work to tight deadlines.
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Desirable skills:	<ul style="list-style-type: none">• COSCA Certificate in Counselling skills• A strong understanding of Armed Forces life, and the impact this may have on children and young people.
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