

# Lighthouse Project

## Vacancy | Wellbeing Worker



### Job Description:

- Responsible to: Children and Young People’s Participation Manager
- Salary: £26,000.00
- Hours of work: 35 (Term-time) (0.8 wte), with regular weekend and evening work.
- Length of Contract: 2.5 years.
- Location: Service will be delivered in Queen Victoria School, Dunblane, combined with home-based working and travel to Edinburgh/Central Scotland for team meetings/training.

<p>Job Purpose</p>	<p>The Lighthouse Project is a wellbeing service based within Queen Victoria School (QVS), a unique boarding school for children and young people from serving and veteran families situated in Dunblane.</p> <p>The project delivers a bespoke programme of wellbeing support which includes 1:1 and peer support to pupils who range from the ages of 11-18 years.</p> <p>Staff member would be expected to be on site in school for the majority if working hours which includes some twilight and weekend work.</p> <p>This role is offered on a full time, term-time basis. Funding is currently available for 2 years with hopes of securing ongoing funding.</p>
<p>Responsibilities and duties</p>	<ul style="list-style-type: none"> <li>• Develop and deliver 1:1 and peer mental health and wellbeing support programme for pupils within Queen Victoria School.</li> <li>• Co-produce mental health and wellbeing learning resources</li> <li>• Working with the school’s wellbeing ambassadors, co-produce a mental health and wellbeing teacher and parent training programme.</li> <li>• Work in partnership with teaching staff to co-deliver PHSE wellbeing sessions, developing key relationships with pupils across the school.</li> <li>• Establish and maintain positive working relationships and referral routes with staff and pupils.</li> <li>• Play an essential role in the Lighthouse project team by supporting with accurate assessment, evaluation, recording and reporting to the funder.</li> <li>• Support the Communications and Fundraising Development Manager to develop promotional opportunities for the Lighthouse project to enhance the reputation of the charity.</li> <li>• Attend networking meetings where appropriate.</li> </ul>

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	<ul style="list-style-type: none"> <li>• Manage a caseload of pupils within the school needing 1:1 support.</li> <li>• Build therapeutic alliances and relationships with pupils requiring 1:1 support.</li> <li>• Work alongside the Queen Victoria School pupil support staff to provide a holistic approach to mental health and wellbeing support for pupils.</li> <li>• Recording as per our policies.</li> <li>• Responsibility for reporting to the funder.</li> </ul>
Essential Skills:	<p>Hold one of the following qualifications:</p> <ul style="list-style-type: none"> <li>• An undergraduate degree in psychology, mental health, social work, education, youth work or equivalent qualification/experience.</li> <li>• Any other relevant qualification related to psychology, mental health, etc.</li> </ul> <p>Experience:</p> <ul style="list-style-type: none"> <li>• At least 2 years' experience of working in mental health service delivery/support work.</li> <li>• Ability to successfully work as a team member across different organisations in order to maintain a holistic support approach.</li> <li>• Experience of working collaboratively and an ability to engage with children and young people and work effectively in distressing and challenging circumstances</li> <li>• Experience of coproducing projects with children and young people in a mental health and wellbeing context.</li> <li>• Experience of developing and delivering mental health and wellbeing support for children and young people.</li> <li>• Experience of evaluating impact of mental health and wellbeing support.</li> <li>• Detailed understanding of Safeguarding and its application in practice.</li> <li>• A strong understanding of trauma and adversity in childhood and the impact this can have on mental health and wellbeing.</li> <li>• A strong understanding of using psychological interventions to support mental health and wellbeing.</li> <li>• Knowledge of 11-18 educational and adolescent developmental issues.</li> <li>• A commitment to following the current evidence base for mental health and wellbeing interventions.</li> <li>• Evidence IT literacy and competency around case note recording, GDPR and using Microsoft Office Applications to aid in reporting and recording.</li> <li>• Excellent communication skills and time management skills, able to negotiate competing demands and work to tight timescales.</li> </ul>
Desirable skills:	<ul style="list-style-type: none"> <li>• COSCA Certificate in Counselling skills</li> </ul>

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	<ul style="list-style-type: none"><li>• A strong understanding of Armed Forces life, and the impact this may have on children and young people.</li></ul>
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